

MUDJIMBA COMMUNITY HALL ACTIVITIES

Day	Time	Group	Contact
MONDAY	6.00 am – 7.00 am	Jodi Barre Yoga	0423169162
	9.00 am – 12 noon	Sunshine Coast Machine Knitting	54828092
	4.00 pm – 5.30 pm	Yoga Project	0414325427
	6.00 pm – 7.00 pm	Jodi Barre Yoga	0423169162
	7.30 pm – 8.30 pm	Meditation Deanne Drayton	0433571689
TUESDAY	5.45 am – 6.45 am	Go with Gusto	0412569179
	7.45 am – 9.00 am	Energy Flow	0407765995
	9.30 am – 10.30 am	Jodi Barre Yoga	0423169162
	11.00 am – 12.00 noon	Qifit Yoga Qi Gong	0437822347
	1.00 pm – 4.00 pm	U3A Craft Patchwork & Quilting	54506659 0427838938
	4.30 pm – 5.30 pm Kids (<i>school term</i>) 5.30 pm – 6.30 pm Adults (<i>week 1 quarterly and week 2</i>) 5.30 pm – 7.00 pm Adults (<i>weeks 1 non-quarterly months, 3, 4 and 5</i>)	Kaizenkan Aikido	0418753184 Tim
7.00 pm – 9.00 pm (<i>week 1 quarterly</i>)	Mudjimba Residents Association	0414700881	
7.00 pm – 8.30 pm (<i>week 2</i>)	Maroochy North Shore Lions	0427838938 54506659	
WEDNESDAY	6.00 am – 7.00 am	Jodi Barre Yoga	0423169162
	8.30 am – 12 noon	Mudjimba Art Group	0434030624
	1.00 pm – 3.00 pm (<i>week 1</i>)	Coolum Caravan Club	0413286159
	1.00 pm – 4.00 pm (<i>weeks 2-5</i>)	U3A Art Class	0400366616
	4.30 pm - 5.30 pm (<i>school term</i>)	Mother/(Carer) Daughter Yoga	0408259150 Simone
	6.00 pm – 7.00 pm	Jodi Barre Yoga	0423169162
	7.30 pm – 9.00 pm (<i>week 1</i>) 7.30 pm – 8.30 pm (<i>weeks 2-5</i>)	Mudjimba AA Group/Steps & Tradition	0437373896
THURSDAY	5.45 am – 6.45 am	Go with Gusto	0412569179
	8.00 am – 9.00 am	Energy Flow Meditation	0407765995
	9.30 am – 10.30 am	Jodi Barre Yoga	0423169162
	11.00 am – 12 noon	Qifit Yoga Qi Gong	0437822347
	12.30 pm – 2.30 HALL CLEAN	MAINTENANCE	
	4.30 pm – 5.30 pm Kids (<i>school term</i>) 5.30 pm – 7.00 pm Adult	Kaizenkan Aikido	0418753184 Tim
FRIDAY	6.00 am – 7.00 am	Jodi Barre Yoga	0423169162
	8.00 am – 9.00 am	Go with Gusto	0412569179
	9.30 am – 10.30 am	Jodi Barre Yoga	0423169162
	*** AVAILABLE 11.00 am – 5.30 pm		
	6.00 pm – 7.00 pm	Jodi Barre Yoga	0423169162
SATURDAY	7.30 am – 8.30 am	Jodi Barre Yoga	0423169162
	9.00 am – 10.15 am	Yoga Project	0414325427
*** AVAILABLE	10.30 am – 9.00 pm		
SUNDAY	AVAILABLE 8.00 – 9.00		

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